

BUILDING

Hope +

Health +

Community

2021 SPECIAL REPORT TO THE COMMUNITY

Christian Hospital Foundation

CHRISTIAN HOSPITAL FOUNDATION **COMMUNITY BENEFITS**

In 2020, Christian Hospital provided over \$50 million in charity care to patients who were underinsured

200 new donors

\$613,400 awarded in Community Benefit Grants

10,000+
people served by Christian Hospital Foundation funds

1,800+
flu shots given free to the community

40+ free diabetes starter kits distributed

750+ community health screenings

132 employees who donated to the hospital each paycheck

\$28,000+ donated by Christian Hospital employees for hospital and community programs



600
community members received assistance with 1,200+ medications

TOGETHER, WE CAN DO GREAT THINGS

Dear Neighbors,

While the pandemic hasn't released its grip on our community just yet, our experience last year taught us the power of resiliency. We haven't let COVID-19 stop us from moving forward in 2021 to tackle other challenges our community faces.

With renewed energy, we're developing creative solutions to address the social determinants of health that impact the vulnerable population we serve.

One example is an innovative diabetes pilot program to improve our community's health by delivering healthy meals right to our patients' homes. Driven by an entrepreneurial spirit and generous donor support, our teams built strategic partnerships across the community to launch this novel program and we're excited to see the healthy impact it will have.

Through this community report, we're sharing the many ways we're making a difference together. We're forever grateful to our compassionate donors who step forward to support our patient care, advanced medicine and technology, community benefit programs and staff education.

Christian Hospital has been an anchor in the community for 118 years. And we continue to feel deeply responsible for the community we serve. What impacts our community impacts our hospital. Today, we must take fresh approaches to deeply entrenched issues.

We're more confident than ever that we have the right team in place to make change happen. Three passionate, creative leaders have joined the Foundation board this year.

In addition, we welcomed Carlton Adams as our new Foundation board chair. As chief operating officer of Operation Food Search, he understands the social issues that lead to health problems in our community. And he understands the importance of building bridges throughout the community to address these health challenges. Together, we can do great things.

The future is bright as we boldly pioneer more ways to build healthier lives for our community. We hope you'll join us on this life-changing journey.

Thank you for your generous, heartfelt support of the Christian Hospital Foundation.

With gratitude,

A handwritten signature in black ink, appearing to read "Rick Stevens".

Rick L. Stevens, FACHE
President, Christian Hospital

A handwritten signature in black ink, appearing to read "Nicole Cheung".

Nicole Cheung
Executive Director, Christian Hospital Foundation



Gibron Jones operates the North Sarah Food Hub, a subsidiary of his non-profit company, HOSCO (Holistic Organic Sustainable Cooperative)

BUILDING Hope

NOURISHING HEALTHY COMMUNITIES ONE MEAL AT A TIME

Thousands of people in north St. Louis County struggle with food insecurity and type 2 diabetes. Over the past year and a half, nearly 900 people were admitted to Christian Hospital with diabetes. More than half of them lived in high-risk zip codes where food insecurity is the norm.

Because of the devastating health consequences of these factors, Christian Hospital recently launched a diabetes pilot program that takes a creative approach to helping our community members live healthier lives.

Christian Hospital Foundation provided the seed money for the innovative diabetes pilot that provides selected patients treated at Christian Hospital with prepared meals to shape healthy habits for the whole family for better long-term success.

“Our focus is always on building healthy community so we were fully committed to supporting this diabetes pilot from the beginning,” says Necole Cheung, Christian Hospital Foundation executive director. “This is a critical investment in our community’s health.”

“ Our focus is always on building healthy community so we were fully committed to supporting this diabetes pilot from the beginning. **This is a critical investment in our community’s health.** ”

Necole Cheung, Christian Hospital Foundation executive director

The pilot, which will ultimately enroll 35-45 patients, also includes nutritional education and social support.

To develop and implement the groundbreaking program, Christian Hospital strategically collaborated with Operation Food Search, North Sarah Food Hub, My Blooming Health, BJC HealthCare and other community partners.

The diabetes pilot is trying to prove if access to healthy food, nutritional counseling and community health workers to address health disparities will result in reduced A1c levels — and improved health.

A1c is a simple blood test that gives a snapshot of a patient’s average blood sugar levels over two to three months. It can identify prediabetes, diagnose diabetes, and monitor how diabetes treatment is working over time.

Delivering Delicious Nutrition and Education

Each partner in the diabetes pilot plays a vital role that collectively works to make the program successful.

Christian Hospital diabetes educators identify eligible patients in the hospital. These patients are diagnosed with uncontrolled diabetes, are determined to experience food insecurity, and live in specific at-risk zip codes.

Once patients are enrolled in the program, they receive healthy, prepackaged meals for six weeks. These are medically tailored and portion-controlled to consider calories and carbohydrates. North Sarah Food Hub prepares and delivers the meals to patients and their family members in the home.

For the following six weeks, patients receive meal kits.

Operation Food Search registered dietitians and Christian Hospital community health workers from the hospital's Community Health Access Program (CHAP) provide nutritional counseling to patients for another six weeks. Then participants are observed for another 12 weeks.

BJC HealthCare supports the program with project management, evaluation and partnerships.

Through CHAP, community health workers work collaboratively with patients to assist in eliminating barriers identified such as health care resources, transportation, medication assistance and access, behavioral health services, primary care needs, and other health inequities. CHAP was created to remove health barriers that exist in vulnerable communities.

"CHAP is part of what brings us all together," explains Dana Ballinger, LCSW, MPH, Christian Hospital director of care coordination and population health. "The CHAP team is helping with the enrollment process, refers patients for services, coordinates services for patients, and works in collaboration with nutritional counseling and food deliveries."

Health disparities keep many people from being successful in their health journey, Ballinger adds. "We're working to prove that if we link people with community health workers, nutritional counselors, and healthy, prepared meals it will make a difference."

A Healthy Idea Takes Root

Ballinger leads the charge for the diabetes pilot program.

It all started in 2019 with a conversation with colleagues about the prevalence of diabetes in north St. Louis County that was resulting in a large population of people with end-stage kidney disease.

"We were discussing how we could educate the community about eating better because there is a direct correlation between diabetes and diet and exercise — along with access to healthy food," Ballinger says. "We discovered that people are struggling with access to healthy food because North County is a food desert with few grocery stores available."

Ballinger brought the concept to Jason Purnell, PhD, MPH, BJC HealthCare vice president of community health improvement, and his team. Tapping his research background, Purnell found evidence-based studies that show patients have more success bringing down A1c levels when they are provided the food they need rather than just being counseled on how to eat.

An idea was born and enthusiasm for the diabetes pilot program escalated quickly. Then the pandemic hit. But the team didn't give up.

"We didn't let COVID stop us," Ballinger says. "We decided this was too important, so we were determined to continue work on this pilot program through the pandemic. If anything, COVID was eye-opening for us because it hit those already struggling with social determinants of health the hardest. The pandemic further amplified the need to address this disparity."

Purnell agrees. "This diabetes pilot program is important to the community because there are significant health disparities in diabetes incidence and mortality. Through the diabetes pilot program, we hope to create behavioral changes by giving people the food they need and we hope to change other parts of the ecosystem so healthy choices are the easy choices to make.

"Hopefully we're setting people up for self-sufficiency."

The pilot provides meals for an entire household rather than just the patient. "By providing food for the whole family we're doing two things: addressing the immediate need

of food insecurity and providing social support for the primary participant," Purnell explains. "When we educate everyone in the household then the patient is much more successful. The goal is for the entire household to develop healthier eating habits."

The Power of Partnership

Strong teamwork and strategic partnerships were essential in developing and implementing the diabetes pilot.

One of the key partners in the program is North Sarah Food Hub, an Indigenous-led organization that prepares and delivers the meals to the program participants. North Sarah Food Hub delivered meals to the community throughout the pandemic and was experienced in the mass delivery process. It features a kitchen and distribution center in north St. Louis and employs people from the community.

"It made sense to choose a partner embedded in the community," Ballinger says. "The leader of North Sarah Food Hub, Gibron Jones, is also a farmer in North County. We appreciated that his team provides healthy, culturally competent meals because the program doesn't work if people don't like the food."

Operation Food Search is tasked with providing nutritional counseling for patients. "They bring a wealth of experience and knowledge to the nutritional counseling piece of the program," Purnell says.

Operation Food Search's focus is on the root causes of hunger and access to healthy foods, explains Carlton Adams, chief operating officer of Operation Food Search and Christian Hospital Foundation board chair. "Those social determinants are issues seen at the hospital. We can make an impact so food can act as medicine."

“We’re working to prove that if we link people with community health workers, nutritional counselors, and healthy, prepared meals **it will make a difference.**”

Dana Ballinger, LCSW, MPH, Christian Hospital director of care coordination and population health



“Through the diabetes pilot program, we hope to create behavioral changes by giving people the food they need and we hope to change other parts of the ecosystem so **healthy choices are the easy choices to make.**”

Jason Purnell, PhD, MPH, BJC HealthCare vice president of community health improvement



The Ripple Effects

Doneisha Bohannon, BJC director of community health partnerships and collaboration, also brings expertise in food insecurity and St. Louis's food system to the table from her previous experience at Missouri Foundation for Health.

“It's awesome to see this level of collaboration among a variety of partners coming together to make change in the community,” Bohannon says. “This work will have generational, long-term impact by changing lifestyles and helping people make better choices. That will have ripple effects for the patients' children, friends and families in the community.”

The diabetes pilot program goes beyond food intervention to reinforce partnerships that advance social and economic opportunity as a way to improve health outcomes.

For example, North Sarah Food Hub is an Indigenous-led community kitchen that employs people in the community. My Blooming Health is a Black-owned business that does in-home blood draws and provides lab services for patients in the pilot.

“Supporting these Black- and Indigenous-owned and led businesses and entrepreneurs is intentional and is a tremendous benefit of the pilot,” Bohannon says. “The pilot gives them an opportunity to grow and expand their businesses while supporting the health of patients in their communities. It takes a community to build a community.”

Purnell emphasizes the importance of empowering community members to shape the food environment.

“Influencing and improving the food environment needs to be community-led so we're not just relying on outside resources to improve people's access to food,” Purnell explains. “For example, there's a movement afoot of Black urban farmers involved in food production and distribution.”

Born and raised in St. Louis, Gibron Jones has become a leader for Indigenous and Black urban farmers in the area. He operates the North Sarah Food Hub, a subsidiary of his non-profit company, HOSCO (Holistic Organic Sustainable Cooperative). His business is focused on providing healthy food to help people heal. To support that mission, Jones grows his own food on farmland he owns in north St. Louis County with other partners.

While his business also has other goals to improve the community, Jones is happy to prepare and deliver meals as part of Christian Hospital's diabetes pilot as a way to make a difference.

Diabetes is personal to him. A family member had half his foot amputated due to diabetes and a childhood friend died from the disease. Jones has also seen other family members struggle with illnesses due to unhealthy diets.

“Too many people are suffering and dying who don't have to,” Jones says. “The diabetes pilot is phenomenal and I'm excited to be part of a bigger project that could help people. Hopefully the data will show the real evidence of how changing your diet can improve your health.”

Bohannon admires Jones's passion around creating healthier food environments.

“Gibron has a go-getter spirit.” Bohannon says. “He puts the community first and ensures all products are high-quality, nutritious and relevant to the community so people can enjoy their meals to stay healthy.”

Serving Up More Potential

The diabetes pilot program has enormous potential on a broader scale.

While Christian Hospital Foundation spearheaded the diabetes pilot program in north St. Louis County, this

creative solution to a widespread problem is drawing interest from other BJC hospitals to expand the program's reach.

“This work is so important that Missouri Baptist Health Care Foundation has joined our efforts to expand the program further,” Cheung says. “Christian Hospital created the roadmap to help even more people through strategic collaborations. The potential with even more partners is exciting.”

Purnell feels energized by the program's collaborations and early successes that make it a good fit for BJC's focus on community health improvement.

“If we can do this program at scale, it has broader opportunity to improve the health of the region and community as we see lower diabetes and hospital readmission rates,” he says.

Bohannon is grateful for Christian Hospital Foundation's support to get the pilot off the ground. “Their support propelled the work with the necessary resources to ensure we can provide high-quality meals to better care for patients in north St. Louis.”

Going forward, Ballinger looks forward to the possibilities sparked by the diabetes pilot.

“Through collaboration with BJC, Christian Hospital has been a launch pad and innovator for other initiatives to better address health disparities — it's very exciting,” Ballinger says. “Christian Hospital is an amazing hospital because it's truly embedded in a vulnerable population. That gives us a great opportunity to connect with the community in a meaningful way.”

DONATE to Make a Difference

Every gift matters. Please donate by using the enclosed envelope, calling 314-653-5162 or visiting christianhospital.org/donate.

MAKING COMMUNITY HEALTH A PRIORITY

The social determinants of health such as socioeconomic status, educational access, housing conditions and food options can derail health. Christian Hospital is working to improve these issues in the community through the innovative Community Health Access Program (CHAP).

The CHAP team connects patients to community health resources to improve their overall health, well-being, and access to vital medical services to decrease emergency room visits and 911 calls for non-emergent reasons. They also connect patients to legal help as needed.

How You Can Help While Reducing Your Taxes

CHAP is a Neighborhood Assistance Program (NAP) Project designee, which means you will receive 50% in tax credits for your donation of \$5,000-\$25,000 to CHAP or the Medical Legal Partnership Program through Christian Hospital Foundation. These tax credits can be used for up to five years.

Donations to CHAP or the Medical Legal Partnership Program through Christian Hospital Foundation each qualify for a NAP tax credit and will help the hospital better address systemic change at a legal level and strengthen the health and wellness of the communities we serve.

NAP tax credits are an incentive that help increase your generosity to Christian Hospital. As with any donation, you can take a federal and state charitable tax deduction. In addition, NAP tax credits allow you to claim up to 50% of the donation as a credit on your Missouri state taxes.

That means your gift significantly reduces your state and federal tax liability.

Any person, firm or corporation with business income in the state of Missouri can take full advantage of NAP Tax Credits.

Please secure your credits today to ensure their availability.

For more information, please contact Necole Cheung at the Christian Hospital Foundation at 314-653-5035.

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EMS SCHOLARSHIP HONORS ONE OF NORTH COUNTY'S OWN

Born and raised in Florissant and a proud graduate of Riverview Gardens High School, Frank Seavert loved his community. That's why he decided to serve north St. Louis County as a Christian Hospital EMT (emergency medical technician) for nearly 10 years until he passed away from brain cancer in September 2020.

After Seavert died, the tight-knit first responder community paid tribute to the dedicated EMT in many ways, from the miles-long procession of ambulances and fire trucks that accompanied Seavert to his final resting place to the emotional salutes from colleagues who stood on overpasses along the highway.

Becoming a first responder was a calling for Seavert. He started his career in electrical engineering but changed paths in midlife. His fulfilling career allowed him to coach students as a field training officer with Christian Hospital EMS. Seavert answered 9,700 emergency calls while at Christian Hospital.

Supporting Future EMTs and the North County Community

To memorialize Seavert and his commitment to north St. Louis County, his colleagues established the Frank Seavert EMS Scholarship Fund through the Christian Hospital Foundation. The scholarship covers full tuition, uniform and books at Christian Hospital Emergency Medical Services (EMS) Academy.

Brian Hokamp, Christian Hospital chief of EMS and EMS Academy program director, says the scholarship achieves two goals. "This scholarship creates a legacy in Frank's name while also providing financial resources so more people in the community can enter the EMS career field. Through the scholarship, we can create a pipeline of well-trained EMTs and paramedics to make sure we have the staff to care for the community when they need it most."

“ Rest easy, Frank. We'll take it from here. ”

Final call to Frank Seavert from his Christian Hospital EMS team members





Christian Hospital EMS leaders Brian Hokamp and Bryce Schindler support the Frank Seavert EMS Scholarship in memory of their colleague to give more people an opportunity to serve their community as an EMT.

Like Seavert, Hokamp also grew up in North County. “I wanted to come back to work where I grew up,” he says. “Frank invested his career in caring for the North County community. This scholarship in his name offers a career opportunity to be a first responder to serve your own community.”

Over the past year, Hokamp and other Christian Hospital EMS team members have supported the Frank Seavert EMS Scholarship Fund through payroll deductions in the hospital’s employee giving campaign.

“This is one way to give back,” Hokamp says. “First responders are on the frontlines in the worst of times for the community. Through this scholarship in Frank’s name, we can provide financial assistance to educate future EMTs from our community who may not have the resources to get their certification. Supporting this scholarship is a way to connect to the mission of providing excellent quality care to the community.”

Filling a Need for More EMS Professionals

Bryce Schindler, a Christian Hospital paramedic and captain/shift supervisor, started his career as an EMT when he was 18 years old. He worked alongside Seavert for three years and thought of Frank like a brother.

“Frank had a great rapport with everyone and was very good at his job,” Schindler says. “After working in North County for nearly 10 years, he had strong relationships in the community. Through this scholarship, Frank is continuing to serve our residents here even after his passing.”

Currently, the St. Louis region and the nation are experiencing an extreme shortage of EMTs and paramedics. The scholarship is designed to ease the shortage locally.

“This EMS scholarship gives people the chance to get into the field to receive an education they may not have been able to afford otherwise,” Schindler says.

Schindler received his paramedic training at Christian Hospital EMS Academy and credits it for some of his success. “The instructors have so much experience and give us the tools we need to succeed,” he says. “The EMS scholarship can put someone on a career path that could lead anywhere. I was offered a job before I even got out of school. Then within two years, I was promoted to supervisor. I enjoy serving the North County area. There’s never a dull moment and we’re able to do a lot to serve residents.”

Schindler also supports the Frank Seavert EMS Scholarship through the Christian Hospital employee giving campaign. “It feels awesome to be able to give even just a little,” he says. “Because of this scholarship support, we might change the life of some 18-year-old. Hopefully, the student will stay in the community to work. This can create a domino effect to improve the community generation by generation.”

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Christian Hospital EMS Academy Offers Exceptional Experience

Established in 2015, the Christian Hospital Emergency Medical Services (EMS) Academy trains EMS providers at all levels. The academy’s curriculum is designed for those who want to begin, refresh or advance their careers in the EMS field — from beginning EMTs to paramedics.

Students participate in comprehensive courses taught by highly experienced, practicing professionals. All of the instructors at CH EMS Academy are active EMTs and paramedics. Refresher courses to update and maintain licenses are also provided.

The Christian Hospital EMS Academy has received accreditation for its paramedic training and education program from the Commission on Accreditation of Allied Health Education Programs (CAAHEP).

“Our EMS Academy is a valuable resource for the community so students don’t have to go to St. Charles or West County to take courses — we provide access right here in North County,” says Brian Hokamp, Christian Hospital chief of EMS and EMS Academy program director.

Christian Hospital EMS Services serves 47 municipalities and contracts with seven fire departments. “Our paramedics cover the entire North County area,” Hokamp says. “They see everything on calls, so they are well trained and gain a lot of experience that makes them in demand.”

The preparation and education students receive at Christian Hospital EMS Academy leads to EMS professionals who exceed the national averages. The national average of students who continue on after graduation to get their EMT license is 50-60%. But 80-90% of students who graduate Christian Hospital EMS Academy follow through to receive their EMT license.



MISSION: REDUCING BREAST CANCER IN NORTH COUNTY

The pink ribbon movement over the last three decades has put breast cancer at the forefront of many women's minds. Yet while more treatment options are available than ever, some women are still hit harder than others by the disease.

Unfortunately, Black women often are more likely to develop breast cancer at a younger age — often under the age of 45. These breast cancers are also often found at a later stage with a more aggressive type of the disease than white women. And they are 42% more likely to die from breast cancer than white women.

The reasons for these disparities are varied. The differences in survival can be due to lower screening rates and timely diagnoses, or differences in treatment, tumor biology, health status and socioeconomic status.

St. Louis has the unwelcome distinction of having the highest late-stage diagnosis rate in the country, according to data from Susan G. Komen. In addition, some of the highest breast cancer mortality rates are in north St. Louis County zip codes where one in four households are uninsured.

“ I connect patients with resources and services so the only thing they have to worry about is their treatment **and getting better.** ”

Helen Blair, BSN, RN, Christian Hospital breast health nurse navigator and the Show Me Healthy Women program navigator

And the numbers are heading in the wrong direction. In St. Louis City and County, breast cancer mortality rates actually increased over the past 10 years in African American women.

Mammograms Save Lives

One important way to change some of these unsettling statistics is by helping more women get regular mammograms. Mammograms may detect breast cancer before it can be felt. And research shows breast cancer survival is higher in women who participate in regular screenings.

As a radiologist at Christian Hospital, Smita Parikh, MD, solely focuses on reading mammograms. The volume of mammograms she reads gives her exceptional experience and expertise in interpreting mammograms.

“I read approximately 10,000 mammograms last year at Christian Hospital,” Dr. Parikh explains. “African American women are at higher risk for breast cancer and we’re seeing larger tumors in them. That’s why I’m inspired to help. Our main focus is to encourage women to come earlier for mammograms so more lives can be saved.”

Better Health Care Navigation

Christian Hospital is making a lifesaving difference for women in the community by providing patients a breast health nurse navigator and by participating in Show Me Healthy Women, which provides free breast and cervical cancer screenings for Missouri women who qualify.

“Our main focus is to encourage women to come earlier for mammograms so more lives can be saved.”

Smita Parikh, MD, radiologist

Supported by Christian Hospital Foundation, the Show Me Healthy Women program launched in October 2020 at Christian Hospital.

Helen Blair, BSN, RN, is the Christian Hospital breast health nurse navigator and the Show Me Healthy Women program navigator. Her dual navigator role is to assist patients with breast health resources and make sure patients don't fall between the cracks.

“When a patient has an abnormal finding on a mammogram, I ensure that patients are scheduled for additional tests such as breast ultrasound or biopsy in a timely manner,” Blair explains. “When needed, I will help schedule appointments for patients to see a breast surgeon. I try to keep everything on task for the patient's convenience.”

Blair is also the point person for patients to call with questions about their diagnosis. “I help patients understand the many phases of their care and treatment plan,” she says. “My role as a breast navigator is to make sure people aren't left on their own to figure out the road to becoming a cancer survivor. They have me to call with questions and to help with accessing resources.”

Show Me Healthy Women Eases the Burden

Blair's role is slightly different as the Show Me Healthy Women navigator. “I try to reach out to underserved communities around the North County area to help educate women and their families about the importance of breast and cervical screenings,” she says. Once women have their screenings, Blair follows their results and directs them for additional testing or services as appropriate.

Blair sees a growing number of women being diagnosed with breast cancer in their 40s and 50s. “That's why it's important for women to know that Show Me Healthy Women services are available to them at no cost,” she says. “Women can call me directly to see if they meet the program's qualifications. Christian Hospital also works with other organizations that assist with covering the cost of mammogram screenings so for those who don't meet the Show Me Healthy Women qualifications, we have additional resources available.”

As a Show Me Healthy Women navigator, Blair takes the stress and burden off women with a new breast cancer diagnosis.

“Women are often overwhelmed and scared after a cancer diagnosis,” she says. “I connect patients with resources and services so the only thing they have to worry about is their treatment and getting better. It's exhilarating to be able to tell people I have resources to help them with transportation to and from appointments, provide warm meals to the home, and sometimes even cleaning services. Most of these resources are available free through Show Me Healthy Women and other organizations we work with.”

Building Awareness About Screenings

To build awareness about the Show Me Healthy Women program, Blair speaks at community programs and events and distribute brochures and posters around the community.

“I want more people to know about Show Me Healthy Women so patients will come in for their annual screenings,” she says. “The more women we reach, the more we're able to serve our community and change the survivor rates in women's health. There's so much we can do to help.”

Blair gets to know patients personally and builds warm connections, she says. “I try to alleviate some of the health care fears and medical misconceptions to help women and families feel more comfortable coming in for health care. It makes me happy to be able to help someone understand the importance of screening to catch breast cancer earlier when it's most treatable.”

She is pleased to see the impact Show Me Healthy Women is having for women. “I've seen patients I've helped when I'm out in the community and I'm so happy to see them doing better and enjoying family and life. It truly warms my heart. That's why I encourage patients to keep up with their screenings and keep appointments. Early screening and detection is the way to treat and beat a lot of cancers.”

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Smita Parikh, MD, radiologist, read more than 10,000 mammograms last year at Christian Hospital.

TEACHER, BREAST CANCER SURVIVOR, **MAMMOGRAM CHEERLEADER**

Monique Jenkins' commitment to teaching carries far beyond her second-grade classroom. The 51-year-old teacher is passionate about educating women about the importance of getting regular mammograms. As a three-year breast cancer survivor, Jenkins knows early detection of breast cancer likely saved her life.

Jenkins practices what she preaches. She has always been diligent about getting regular mammograms, especially since she has dense breasts, which can make it difficult to feel abnormalities.

"I had my first mammogram at age 39," she explains. "I don't mess around or skip my screening mammograms anytime."

Her vigilance paid off. During the summer of 2018 she felt some swelling under her arms. While she wanted to brush it off as a bruise or just some extra weight, her mammogram and a doctor's visit told her something else.

Her breast cancer diagnosis came in August just as school was starting. At Stage 1, the tumor was small, hadn't spread and was considered highly treatable.

"I'm so thankful we caught it early and I didn't need chemotherapy," Jenkins says. "That's why I tell people all the time to get screened."

““ My message for other women is if you suspect something is wrong, don't brush it off. **Get it checked out.** ””

Monique Jenkins, breast cancer survivor

In October 2018, Jenkins had a lumpectomy to remove the tumor. Jenkins was able to keep her breasts.

While some women have a mastectomy to remove both breasts, it's not always necessary or recommended, especially for small, localized cancers. "I went over all the options with my doctor and got great care," Jenkins says. "I made the best decision for me at the time. It was important I was listened to."

A few weeks after surgery, Jenkins started radiation treatment to kill any undetected cancer cells left in the breast.

Some radiation treatment plans require daily radiation for a month or more. Thanks to a significant treatment advancement, Jenkins qualified to have a shorter course—radiation twice a day for one week.

"This was a wonderful opportunity because I only had to take one week off work for radiation rather than having to leave school every day for several weeks," Jenkins says.

Siteman Cancer Center has a facility at Northwest HealthCare in Florissant, but this advanced, high-dose radiation treatment is currently only available on Siteman's main facility at Barnes-Jewish Hospital.

Three years after her diagnosis, Jenkins visits Christian Hospital each year for follow-up appointments and mammograms. She also sees her medical oncologist every six months at Siteman's Northwest HealthCare facility, which is close to her school in Ferguson-Florissant School District. "That location is very convenient," she says. "I go to my appointment and can go right back to work. I love it. I do everything at Christian Hospital."

““ I'm so thankful we caught it early and I didn't need chemotherapy. That's why I tell people all the time to get screened. ””

Monique Jenkins, breast cancer survivor

Before her annual screening this year, she had some breast swelling that raised concerned. "I worried the cancer was back," Jenkins says. "They got me in right away and determined the swelling was a side effect of radiation, not cancer. It has been three years since I was diagnosed and everything is still good."

Jenkins continues to be a cheerleader for regular breast screenings.

"I stay on my sisters and cousins so they don't skip their mammograms — we hold each other accountable," she says. "My message for other women is if you suspect something is wrong, don't brush it off. Get it checked out. We have to learn to start putting ourselves first to stay healthy. It doesn't matter if you haven't had problems before. A lot can change in a year."



Alisha McCoy, Christian Hospital manager of case coordination and employee donor

Building Community

EMPLOYEES GO ABOVE AND BEYOND TO SUPPORT THE COMMUNITY

The success of the first Annual Employee Giving Campaign unites employees to raise over \$28,000 for the community.

At Christian Hospital, our employees work around the clock to provide high-quality health care to patients. They also give from the heart to have another type of impact on the health of our community.

Roger Cope is one of those employees. He enthusiastically supported the Christian Hospital Annual Employee Giving Campaign: Give the Gift of Health.

“I feel good supporting Christian Hospital’s Building Healthy Communities Fund through Christian Hospital Foundation because it gives me a chance to pay it forward,” he says. “We are a family and need to support one another.”

Throughout June 2021, team members across all three locations, Christian Hospital Northeast, Northwest HealthCare and Graham Medical Center, came together to support the mission of Christian Hospital Foundation to improve the health and well-being of the community. Together, Christian Hospital employees raised over \$28,000 for vital hospital programs and services.

Employees had an opportunity to donate to four funds at Christian Hospital Foundation that matter most to them. All of these funds support both our employees and the



community. And all donations stay within the local community to have a bigger impact.

“Through the Foundation, we can continue to help our residents,” says Bryce Schindler, a Christian Hospital paramedic and captain/shift supervisor. “From buying medical equipment to providing community outreach to help our chronically ill patients to providing funding for medications, the Christian Hospital Foundation funds numerous programs to help our community.”

“Our employees’ donations show how strongly they believe in Christian Hospital,” says Necole Cheung, Christian Hospital Foundation executive director. “Our diverse workforce represents our larger community. The daily dedication of our employees to the health and wellness of our community is evident in the compassionate care they provide to everyone who comes through our doors.”

“Our employees’ donations show how strongly they believe in Christian Hospital.”

Necole Cheung, Christian Hospital Foundation executive director

The Foundation's Give the Gift of Health Campaign supported the following areas:

Building Healthy Communities Fund

This fund addresses the social determinants of health that impact our patients and community. Past projects include establishing school-based health centers within our local districts, creating a tutoring hub at a low-income housing complex to access virtual learning, and providing meals to homebound or elderly patients.

Medical Indigent and Mobile Pharmacy Funds

This fund provides financial assistance to lower income, underinsured and uninsured patients along with access to necessary medications, devices or services they need to stay healthy. In cooperation with the Medical Indigent Fund, the Mobile Pharmacy Fund enables the team to teach patients how to take their medications. Additionally, this service in conjunction with the Medication Indigent Fund allows vulnerable patients to leave the hospital with medications and empowers them to tackle their health management. Combined, these funds help patients take better control of their health, which has decreased emergency visits and admissions.

Employee Help Fund

This fund supports Christian Hospital employees when they are in crisis due to an act of God (fire, flood, etc.) or are having personal financial strife due to illness, death or other extreme life events. This fund helps employees maintain stability so they can continue to provide patients the best care possible.

Frank E. Seavert EMS Memorial Scholarship Fund

This fund provides scholarships for Christian Hospital EMS Academy student to ease education's cost burden to increase the number of health care heroes who enter the workforce within our community.

WAYS TO GIVE

Christian Hospital Foundation's impact reflects our donors' passion to sustain our vital hospital and our community programs and services to strengthen the health and wellness of our community. Your gift of health to our community will have an impact for a lifetime.

Take a look at our unique ways to give.

Send a check

Mail a donation to our Foundation office at the address below. Or use the return envelope included in this report.

Christian Hospital Foundation
11133 Dunn Rd., Ste. 300N
St. Louis, MO, 63136

Donate Online

christianhospital.org/donate

Employer Matching Gift

Many companies offer matching gift programs that could double, triple, or even quadruple your gift. Ask your employer today about matching gifts.

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AmazonSmile donates 0.5% of your eligible purchases on Amazon to Christian Hospital Foundation. Just designate the Foundation as your charity and start shopping at smile.amazon.com. The donation is made at no extra cost to you.

To select Christian Hospital Foundation as your charitable recipient:

1. Sign in to smile.amazon.com on your desktop or mobile phone browser.
2. From your desktop, go to **Your Account** and select the option to **Change your Charity**. Or, from your mobile browser, select **Change your Charity** from the options at the bottom of the page.
3. Search for Christian Hospital Foundation and select it as your charity.

Honor and Memorial Giving

A tribute gift is a meaningful way to convey sympathy to the bereaved, memorialize a loved one, commemorate a special occasion or honor a person's life and accomplishments. Your gift to Christian Hospital Foundation made in honor or memory of a special person ensures a legacy that extends far into the future.

Grateful Patient Program

Donating to our Grateful Patient Program is a thoughtful way to recognize the excellent care you or a loved one received at Christian Hospital. This program enables you and your family to support programs, services and equipment that enhance the patient experience at Christian Hospital. Your health care hero will receive an award certificate and an honorary lapel pin to wear proudly.

Please contact Necole Cheung at the Christian Hospital Foundation at 314-653-5035 for more information.

Donor-Advised Fund

A donor-advised fund (DAF) is a charitable giving vehicle administered by a sponsoring organization and created for the purpose of managing charitable donations on behalf of an organization, family or individual. It allows donors to make a charitable contribution, receive an immediate tax benefit, and then recommend grants from the fund over time.

Stock Donation/IRA Donation

Christian Hospital welcomes gifts of publicly traded securities, closely held securities, mutual funds, real estate investment trusts and bonds. This is a simple way to make a gift with minimum delay and expense with tax benefits to donors. We'll be happy to help facilitate the transfer process.

Contact Necole Cheung at 314-653-5035 or email at Necole.cheung@bjc.org and copy chfoundation@bjc.org before initiating a transfer.

Planned Giving

Make a gift that leaves a lasting personal legacy at Christian Hospital. The Foundation accepts deferred gifts, including bequests, charitable gift annuities, charitable remainder trusts and charitable lead trusts. To discuss life-income and estate gifts, please contact Necole Cheung at 314-653-5035.

Thank you for your heartwarming generosity!

AUXILIARY AND VOLUNTEERS **BUILD A STRONGER HOSPITAL COMMUNITY**

Johnnie Greenlaw grew up in north St. Louis City and moved to north St. Louis County in the 1970s. She has had the same address for 30 years and doesn't know a stranger. Her commitment to her community runs deep.

When Greenlaw retired as a postal clerk in January 2005, a friend suggested she volunteer at Christian Hospital to keep busy. She has been steadily involved as a volunteer and Auxiliary member ever since.

"Volunteering has no pay day except for in the heart," she says. "I don't have a lot of money but I can give of myself to help others."

Greenlaw is currently the president of the Auxiliary for the second time. Over the last 16 years, she has held numerous leadership positions in the Auxiliary and routinely volunteers her time to benefit Christian Hospital.

"Johnnie is our cheerleader," says Sheryl McClary, Auxiliary and volunteer services manager. "If ever there was a professional volunteer, that would be her. She's an amazing person."

“Volunteering has no pay day except for in the heart. I don't have a lot of money but I can give of myself to help others.”

Johnnie Greenlaw, Christian Hospital Auxiliary president

Making the Hospital Experience Better

The Auxiliary is the fundraising arm of the hospital volunteers. Profits from the hospital Gift Shop and vending machines support the hospital through the Auxiliary. The group also holds monthly lobby sales from various vendors to benefit the hospital.

Since the Auxiliary was formed in 1964, it has been recognized eight times for its service and fundraising efforts as the "Auxiliary of the Year" by the Missouri Hospital Association.

Over the past 40 years, the Auxiliary has raised significant dollars to support everything from medical equipment to ambulances to children's books in the emergency department.

"Our whole purpose is to make Christian Hospital a better hospital," Greenlaw says. "We take care of the things that makes people's lives a little better. That's the joy."

Recently, the Auxiliary began funding complimentary valet parking at the front of Christian Hospital. This convenient service allows patients to come directly to the hospital front door without having to walk far distances or being exposed to the weather.

The Auxiliary also funds a golf cart shuttle to pick up patients in the parking lot and bring them to their destination at the hospital or a medical office building. Volunteers drive the golf cart shuttle but more drivers are needed to maintain this service for patients and families.

A Call to Fill Vital Volunteer Role

Volunteers are currently in short supply at Christian Hospital, McClary explains. "We had about 125 volunteers before COVID but now we only have about 40 who were able to return. The pandemic made a huge dent in our volunteer base. We would love to get back to about 130 volunteers, which is where we need to be to fill the volunteer slots."

McClary says volunteers fill vital roles around the hospital. These include escorting patients to tests, greeting visitors at the front desk, delivering flowers to patients, serving as a messenger between nurses and loved ones in the ICU and ER, answering phones, and working in the Gift Shop.

Volunteers also run the mail room where they accept, sort and deliver mail to all departments and physician offices. In addition, they may be asked to help individual departments with special projects such as mailings, filing or putting packages together.

"Volunteers provide valuable services and without them we are taxing departments who are already stretched thin," McClary says.

She says Christian Hospital volunteers come from all walks of life. "Many have had family members who were patients and they appreciated the care and wanted to give back. Our volunteers are here for the staff, patients and families and jump in to help whenever they can."

Volunteering at Christian Hospital offers many benefits. "It's an opportunity to socialize and meet new friends, stay active and keep the body and mind energized," McClary says. "It's a rewarding way to give back to the community."

Johnnie Greenlaw, Christian Hospital Auxiliary president, and **Sheryl McClary**, Auxiliary and volunteer services manager

Christian Hospital volunteers also receive free meal coupons to use in the cafeteria, free flu shots, and they are included in staff and volunteer appreciation events.

As the pandemic continues, multiple safety and infection control protocols are in place at Christian Hospital to protect volunteers, staff, patients and families.

After 15 years of volunteering at Christian Hospital, Greenlaw is still inspired to help as often as she can. "We can't make families' loved ones well but we can help them face it by being nice," she says. "I see Auxilians and volunteers as the elves helping Santa out to make things better for people."

JOIN US

To learn more about volunteering at Christian Hospital call the volunteer office at 314-653-5032 or complete the volunteer interest form online at christianhospital.org/Giving/Volunteer.





Pooja Vyas, MD, Christian Hospital medical director of the hospitalist program, was part of the committee that planned the hospital's first Diwali celebration.

CELEBRATING DIVERSITY WITH A BRIGHT IDEA

At Christian Hospital, a bright IDEA is making a meaningful difference in the hospital culture.

Christian Hospital's IDEA (Inclusion, Diversity, Equity and Advocacy/Ally) team's mission is to provide hospital team members with the tools they need to deliver safe, patient-centered, family-focused and culturally competent care.

The hospital has traditionally celebrated diversity through events. Now the IDEA team has a growing focus on encouraging dialogue and implementing policies and processes that support respect, equity and inclusion.

"We've taken cultural competency to the next level with the IDEA team and pivoted from just highlighting monthly and annual events to also sharing information," explains Nergis Cavitt, BJC HealthCare senior learning and development consultant who works with Christian Hospital. "As the social climate changes, we need to be more proactive and more mindful about what the community needs so we can connect with that. We are exploring ways to create spaces where all voices are represented and heard."

“ We've taken cultural competency **to the next level** with the IDEA team. ”

Nergis Cavitt, BJC HealthCare senior learning and development consultant

Giving Everyone a Voice

IDEA team initiatives are targeted at increasing understanding and cooperation between patients, families and care providers. They can help patients do a better job of managing their health.

"The IDEA team is making the hospital and the community healthier and stronger," says Teri Bequette, regional director of human resources for Christian Hospital, Northwest HealthCare, and Alton Memorial Hospital. "The team is also moving the hospital forward to ensure cultural competency is practiced every day through official policies and processes. These policies and processes now in place give people a voice and make it crystal clear where the organization stands on diversity, equity and inclusion to support all our patients and employees."

Standing in Solidarity

The IDEA team has been critical to supporting the community during local and national crises such as the George Floyd tragedy in 2020. Understanding the community's pain, Christian Hospital invited community members and employees to participate in a march around the hospital campus in solidarity.

"The hospital stood aligned with our team members and the community in this terrible tragedy," Bequette says. "It's important for the hospital to offer solidarity and support as well as provide a space for people to talk about these events. These are not always comfortable conversations, but they can lead to positive solutions."

“ These policies and processes now in place give people a voice and make it crystal clear where the organization stands on diversity, equity and inclusion **to support all our patients and employees.** ”

Teri Bequette, regional director of human resources for Christian Hospital, Northwest HealthCare and Alton Memorial Hospital Hospital



Cavitt believes the IDEA team is more important than ever. “In the past year, there have been so many societal injustices to deal with and to address as health care providers. Our teams are out in the field and live in the community so it’s difficult for them to separate these events from work. What happens in the community directly affects our hospital, our team members and our patients.”

Creating Community

While more cultural competency initiatives are evolving, celebrating and bringing awareness to the various cultures represented at Christian Hospital continues to be important.

For example, in 2019, the hospital held its first CultureFest, which drew more than 500 Christian Hospital employees and community members. The event included nearly 50 vendors, multicultural food trucks, booths with information about job opportunities and education, and preventive health screenings.

Christian Hospital Foundation supported CultureFest as well as many other initiatives driven by the IDEA team.

“The feedback from CultureFest was phenomenal,” Bequette says. “It exceeded our expectations and created a real sense of community. Through CultureFest, we partnered employee and community needs because many of our team members live in our community, too.”

Shining a Light on the Diwali Celebration

This year, Christian Hospital celebrated Diwali for the first time in recognition of the hospital’s diverse patients, physicians and other team members for whom the holiday is meaningful.

The Diwali celebration is another example of the Christian Hospital IDEA team listening and taking action. Christian Hospital has many Indian and Indian American health providers who wanted to feel connected and included.

To offer these valuable connections, the hospital held a Diwali celebration Nov. 9 at Northwest HealthCare. The event was open to the entire hospital team and included Diwali traditions of lights, decorations, holiday food and other festivities.

Diwali is a major festival celebrated over five days in many parts of India by people of different faiths including many Hindus, Jains, Sikhs, Muslims and some Buddhists. Known as “the festival of lights,” homes and cities are decorated with twinkling lights to symbolize the victory of light over darkness, goodness over evil.

Pooja Vyas, MD, medical director of the hospitalist program, was excited to join the committee that planned Christian Hospital’s Diwali celebration. While she was born and raised in New Jersey, both her parents are from India where Diwali was an important part of their lives.

Dr. Vyas came to Christian Hospital in April 2021 after moving to St. Louis from New York three years ago. Since then, she has yearned to meet others who share her interest in Diwali and other cultural celebrations.

“This Diwali celebration at Christian Hospital connects people with the same interests,” she says. “It was like a big networking event to get to know colleagues and the community. I’m so happy we celebrated Diwali to share the message of what Diwali is about.”

Other diverse voices agree. Smita Parikh, MD, a radiologist at Christian Hospital, has always celebrated Diwali with her family. “Diwali is similar to Christmas where we decorate and exchange gifts,” she says. “It’s really nice that Christian Hospital is having this first Diwali event to celebrate our diversity.”



Smita Parikh, MD, radiologist, celebrated Diwali with her family and Christian Hospital colleagues this year.

This cultural awareness impressed Dr. Vyas. “Our Diwali celebration was a great moment to show appreciation, bring awareness, and say ‘we see you and recognize your culture and holidays and we want to be part of it.’ To know that the place I work is celebrating something so meaningful to me is really special.”

DONATE to Make a Difference

Every gift matters. Please donate by using the enclosed envelope, calling 314-653-5162 or visiting christianhospital.org/donate.

MEET **CARLTON ADAMS**

New Board Chair is Feeding the Needs of the Community

Carlton Adams, chief operating officer of Operation Food Search, is channeling his extensive corporate career experience and his mission to nourish the community into his new role as the board chair of Christian Hospital Foundation.

Adams has held leadership positions at top companies such as Express Scripts, MasterCard, Peabody Energy and Caterpillar. His education includes a bachelor's degree in industrial engineering from the University of Pittsburgh and an MBA from Temple University. For 35 years, he enjoyed a successful career in supply chain management. Then came the pandemic.

"Chairing a board, especially during a pandemic, inspired me to do more mission-focused work," Adams says.

“ Christian Hospital has always been there for those in need. With a visionary hospital leader and the connection to a world-class organization like BJC HealthCare to support it, **Christian Hospital can only grow its impact on the community.** ”

Carlton Adams, Christian Hospital Foundation board chair and Operation Food Search chief operating officer

"Working with Christian Hospital Foundation and seeing the work they do led me directly to Operation Food Search and a career change after decades in the corporate realm."

A Melding of Missions

Adams says Christian Hospital is central to the community. "Christian Hospital has always been there for those in need. With a visionary hospital leader and the connection to a world-class organization like BJC HealthCare to support it, Christian Hospital can only grow its impact on the community."

His board chair role complements his role at Operation Food Search that's focused on tackling hunger and other significant social issues that cause health problems in the community.

"Working in both these organizations is a way to have a significant impact on people's health now and in the future," he says. "The combination of hunger and poverty often leads people to the hospital. Improving access to good nutrition and expert medical care can help our community thrive, be safer and healthier, and offer children a better opportunity to learn and grow. Making us healthier makes us better neighbors and makes us stronger as a region."

Betting on St. Louis

A Philadelphia native, Adams considers himself a "committed, naturalized St. Louisan" after living in the Gateway City for 10 years.

"We decided to make St. Louis our home so I'm committed to this community," he says. "We try to contribute to the community in meaningful ways."

Recognizing that hunger and access to health care are significant challenges in St. Louis, he's determined to make an impact.

"Better access to the right nutrition, health care and shelter brings the community together and makes the community more productive and safer," Adams says. "A number of community leaders believe those things can and should be addressed. I like the energy around that, especially now. There's a lot going on that speaks to betting on St. Louis."

As Christian Hospital Foundation board chair, Adams is developing new connections in the community to support the hospital's innovative ideas and programs — many that address the issues of nutrition and other social determinants of health.

"We're putting the right people in place with the right level of energy to amplify Christian Hospital and its mission," Adams says. "We're working in a community of really heartfelt, philanthropic people so I feel like the sky is the limit."



WELCOME NEW BOARD MEMBERS

Emily Burch



Emily Burch grew up near Atlanta, Georgia. Her father was in the Air Force and later launched a global business that brought prospective partners from around the world into Burch's home.

"Meeting multicultural visitors from other continents helped me realize the beauty of our common bonds and the opportunities that benefit us all," Burch says.

After Burch graduated college with a degree in journalism and marketing, her first job in Washington, DC, led her to be a press liaison for a United States senator. This experience in public service honed her sense of "bridge-building." Next, she moved to New York City to help launch two new cable networks, LIFETIME and LIFETIME MEDICAL TV.

Burch continued to "bridge build" in her career as she and her husband, Chris Zimmerman, moved from Portland, Oregon, to Vancouver, Canada to Los Angeles. In 2014, the couple moved to St. Louis where Chris is CEO for the St. Louis Blues. Burch didn't hesitate to jump in to serve her new city.

"It immediately became clear that St. Louis is a caring and well-connected city," Burch says. "I used my professional and personal background to focus on the many ways I could contribute to St. Louis's growth and vibrancy."

In addition to her role on the Christian Hospital Foundation board, Burch is the co-chair of the capital campaign for the Urban League of Metropolitan St. Louis and a member of The St. Louis Symphony Orchestra's Advisory Committee. She also serves on the boards of The Magic House and The United Way of Greater St. Louis, among other organizations.

"I enjoy locking arms in areas where I can add ideas that reflect my wide range of experiences and situations," Burch says. "In my role on the Foundation board, I'll offer development ideas and collaborative opportunities that support Christian's ethos to deliver great health care, one family at a time."

She continues: "I've been inspired and grateful for the passion and compassion that Christian Hospital's leadership demonstrates. I hope to add momentum that strengthens the impact of the board to benefit our entire region."

David Grieger



David Grieger has a deeply personal understanding of the value of good health care. His wife, Teri, is a stage IV colon cancer survivor. When she was diagnosed at age 48 and only given a 6% chance of living, the Griegers were devastated.

With fierce determination, the Griegers developed a positive mindset to fight cancer together. Now, 11 years later, Teri is a competitive triathlete, marathoner and Ironman.

In addition to Grieger's patient and family perspective, Grieger brings financial expertise and experienced management skills to the Christian Hospital Foundation board.

Grieger is chairman of Paramount Bank in St. Louis. With more than 30 years in the mortgage banking industry, Grieger has been instrumental in the growth of Paramount and its expansion into several markets.

He also serves on the board of the St. Louis Homebuilders Charitable Foundation, the Lenders One Mortgage Cooperation and Powered by Hope Foundation, a charity founded by Grieger and his wife to help other cancer survivors.

"Our bank is located in Hazelwood so we have a mission to be a community leader and give back," Grieger says. "Giving back to the community has always been important to me. As vice president of the Homebuilders Charitable Foundation, we raise money to help people with housing needs. It's really rewarding and germane to what I do for a living."

Just as he gave all to help his wife through cancer, Grieger is fully committed to his new role on the Christian Hospital Foundation Board.

"I don't do anything part way," he says. "I'm not afraid to ask questions, roll up my sleeves and be actively involved on the board to provide feedback and guidance."

He adds that part of the board's responsibility is to reach out to their individual networks to support the hospital. "People like to give when they understand the purpose of the organization so our job is to share that. I'm excited to be on the board and hope to leave it better than when I got there through my energy, enthusiasm and effort to take it to another level."

Kellie McCoy



Serving others has always been part of Kellie McCoy's life. Her dad was a paramedic and her mom was a nurse.

McCoy's ambition to serve led her to the United States Military Academy at West Point. Ultimately, she became a lieutenant colonel in the U.S. Army and served in active combat in Iraq and

Afghanistan. She is credited with repelling an ambush on her convoy and received a Bronze Star Medal for Valor.

After she retired from the Army in 2016, she held a leadership role for Starbucks Coffee Company in Seattle.

In 2018, she moved back to her native St. Louis to start her own company. Today, McCoy is COO of Two Canoes, a venture development firm.

When the pandemic started, St. Louis County Executive Sam Page asked McCoy to serve on the Economic Rescue Team steering committee. Christian Hospital president Rick Stevens was the chair of the committee and quickly recognized McCoy's strong leadership abilities. He asked her to join the Christian Hospital Foundation board.

"I was attracted to the creative entrepreneurial spirit at Christian Hospital Foundation," McCoy says. "Joining the board seemed like a great opportunity to have a direct impact on the community. My default setting is action to push initiatives into actual execution."

In addition to her West Point education where she majored in mathematics and minored in mechanical engineering, McCoy also received a master's degree in environmental engineering, a master's degree in Military Art and Science, and an MBA.

As a trailblazer, she was selected as a 2018 Presidential Innovation Fellow and a Marie Claire Woman on Top Awardee.

Her personal interests echo her unique professional experiences. McCoy is passionate about exploring and has completed the Camino de Santiago across France and Spain, summited Mount Kilimanjaro and Mount Rainier, and trekked Kathmandu to Everest Base Camp. She is also a jumpmaster and master parachutist.

"Sometimes you can set big goals not knowing exactly how to get there," she says. "People ask me 'how did you walk across Spain?' I tell them one step at a time. Christian Hospital Foundation has a similar mission as it tackles hard problems. We have to keep our eye on the summit and take one step at a time."

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 Mrs. Ruby Whitaker
 Mr. Philip White
 Ms. Ruth V. White
 Bishop Samuel White
 Dr. Richard White
 Mr. Gary W. White
 White Mule Winery
 Mrs. Kara Whittaker
 Mr. Jacob Wieneke
 Mr. Robert Williams
 Mr. & Mrs. John Williams
 Mr. & Mrs. Wayne Williams
 Ms. Betty J. Wilson
 Sister Karl Mary Winkelmann
 Mr. & Mrs. Alan Winkelmann
 Mr. James Wittman
 Mr. & Mrs. James Wright
 Mr. Gary Young
 Dr. & Mrs. Carlos Yu
 Dr. & Mrs. Scott Zuick

We sincerely appreciate each gift and have made every effort to ensure the accuracy of this donor listing. We regret any errors.



MEET THE FOUNDATION TEAM

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BJC HealthCare

11133 Dunn Road
St. Louis, Missouri 63136



SAVE THE DATE

5th Annual Dr. Martin Luther King Jr. Luncheon Celebration

Friday, Jan. 14, 2022

12th Annual Christian Hospital Foundation Gala

Saturday, Feb. 12, 2022

11th Annual Christian Hospital Foundation Golf Event

Monday, May 23, 2022

As a Neighborhood Assistance Program approved project,

funds donated to support the Community Health Access Program (CHAP) and a Medical Legal Partnership will receive 50% in tax credits for donations of \$5,000-\$25,000.

For more information please contact Necole Cheung at 314-653-5035.